

**Step 1- Extent Local Wellness Policy Complies with USDA Requirements and
Compares to a Model Policy Tracking Tool**

Component	Description
Select Tool used for model LSWP comparison: If another tool was used, list it here.	<ol style="list-style-type: none"> 1. Alliance for a Healthier Generation 10-step Checklist 2. The WellSAT 3.0 School Assessment Tool
Areas of Strength:	<ol style="list-style-type: none"> 1. School, student and community involvement. 2. Emphasis on healthy snacks. 3. Staff are encouraged to have physical activity throughout the day.
Opportunities for Improvement	<ol style="list-style-type: none"> 1. N/A 2. 3.
As a result of the comparison, was new language adopted in the LSWP?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If yes, briefly describe what was adopted (include page numbers for new language if possible), Have the changes been approved by the school board?	<input type="checkbox"/> Yes <input type="checkbox"/> No

Component	Description
Describe the next steps for strengthening your LSWP.	Continue to review and revise.

Step #2: Progress in Reaching LSWP Goals Template

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
Nutrition Education Goal(s) Begin a conversation between elementary schools and Nebraska Extension so that at least 75% of elem schools are using nutrition kits in their KG and 5th grade classes by next year	Partially	Partnership with Nebraska Extension and several elementary schools	22-23 School Action Plans completed by the schools show that (35%) of elementary schools are participating: Jefferson, Gates, Seedling Mile, Wasmer, Engleman
Nutrition Promotion Goal(s) Promote EHA and Elevate so that GIPS employees register for wellness challenges and complete health assessment	Yes	Many schools have this goal listed on their action plans and are promoting at the school level. At the district level, promoting EHA in our newsletter.	22-23 School Action Plans
Physical Activity Goal(s) Increase opportunities for students to be physically active	Yes	Included physical activity “brain breaks” in all schools action plans.	22-23 School Action Plans
Other student wellness Goal(s) Increase focus on mindfulness	Yes	Daily mindfulness strategies developed and implemented in all buildings in the action plan.	22-23 School Action Plans
Outline the plan for measuring LSWP implementation			
<ol style="list-style-type: none"> 1. Who - District Wellness Team 2. What - Monitoring action plans 3. How - Spring review of action plan activities 4. By When - May 30, 2023 			

Step #3- Extent of Compliance for All Schools with the LSWP

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Name of Schools)	Partial Compliance (Name of School(s))	Full Compliance (Name of Schools)
Nutrition Education Requirements(s) School Meals Staff Professional Development Water Competitive Foods & Beverages Celebrations & Rewards Fundraising Health Education Curriculum Students to Make Informed Choices about Nutrition, Health & Physical Activity	N/A	N/A	GISH, West Lawn, Success Academy, Westridge, Walnut, Barr, Stolley Park, ELC, Dodge, Jefferson, Newell, Gates, Starr, Howard, Knickrehm, Lincoln, Seedling Mile, Wasmer, Shoemaker, Engleman, Lincoln
Nutrition Promotion Requirements(s) Consistent Nutrition Messages Marketing & Advertising Nutritious Foods Encourage Participation in School Meal Programs Use of Smarter Lunchroom Techniques Meet USDA Smart Snack Standards	N/A	N/A	GISH, West Lawn, Success Academy, Westridge, Walnut, Barr, Stolley Park, ELC, Dodge, Jefferson, Newell, Gates, Starr, Howard, Knickrehm, Lincoln, Seedling Mile, Wasmer, Shoemaker, Engleman, Lincoln
Physical Activity Requirement(s)	N/A	N/A	GISH, West Lawn, Success

Adapted from the Let's Eat Healthy Program resources

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Name of Schools)	Partial Compliance (Name of School(s))	Full Compliance (Name of Schools)
Recess Classroom Activity Breaks Physical Education Comprehensive School Physical Activity Program			Academy, Westridge, Walnut, Barr, Stolley Park, ELC, Dodge, Jefferson, Newell, Gates, Starr, Howard, Knickrehm, Lincoln, Seedling Mile, Wasmer, Shoemaker, Engleman, Lincoln
Other Student Wellness Requirements(s) Mental Health Activities to Include Brain Breaks, Mindfulness, Social & Emotional Learning Activities Hello Hero	N/A	N/A	GISH, West Lawn, Success Academy, Westridge, Walnut, Barr, Stolley Park, ELC, Dodge, Jefferson, Newell, Gates, Starr, Howard, Knickrehm, Lincoln, Seedling Mile, Wasmer, Shoemaker, Engleman, Lincoln
Federal/State Meal Standards	N/A	N/A	All schools
Foods Offered but Not Sold Standards	N/A	N/A	All Schools
Food and Beverage Marketing	N/A	N/A	All Schools

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District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Public Notification	<input checked="" type="checkbox"/> Yes Jul 9, 2022 Board Meeting & Posting on Website <input type="checkbox"/> No
Triennial Assessment	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Step #4: Sharing your Success- You have accomplished a lot!

Triennial Assessment Report to the Public

Target Audience(s)	Method	Date
District School Board	Board Presentation	May 11, 2023
Parent Representatives from each school	Parent Advisory Council	May 1, 2023
School Staff & Community Partners	District Wellness Committee	April 2023

When updating the public, include a link to your wellness policy with an email the public can contact if they have questions.

Let's Talk

Post to one of your district's main pages so patrons can easily see your updates.

[Wellness Policy is Posted Here](#)

[Wellness Policy Updated 2020](#)

Adapted from the Let's Eat Healthy Program resources